Recall the face of the poorest and the weakest man (woman) whom you may have seen, and ask yourself, if the step you contemplate is going to be of any use to him (her). Will he (she) gain anything by it? Will it restore him (her) to a control over his (her) own life and destiny? In other words, will it lead to swaraj (freedom) for the hungry and spiritually starving millions?

- Mahatma Gandhi
Message from the Board ....

We acknowledge our heartfelt thanks to Staffs, Board members, Jana Jagruti Sangha(JJS) members, VARRAT Gramin Mahila Bikash Mahasangha(VGMBM), all the community members of its operational area, Government functionaries and last but not the least to its donors on the occasion of bringing out its Annual Report for the year 2019-20. All the persons or institutions those are closely associated with VARRAT extended either their moral support or financial support or both to march forward to its goal. VARRAT has been working in Mahakalpara block of Kendrapara District and Patna block of Keonjhar district since 1986 in the field of Health, Education, Livelihood, Women empowerment, Elderly People. Women and Children are its prime focus as these sections represent a major portion of total population.

Annual Report 2019-20 throws light on some of the major activities undertaken by the Organization from April 2019 to March 2020. The achievements gained from the activities are also mentioned in the report to introspect.

Every moment provides us an opportunity for learning. Similarly, a year-long progress reflected in the Annual Report gives us a scope to review our strength and weakness. We all know that we learn from our experiences, particularly from our mistakes. Year 2019-20 also widened the scope of our learning like previous years. We are committed to replicate our best practices in other operational areas for its sustainability and simultaneously we do commit to take preventive measures to correct our mistakes for better implementation of projects.

We do hope, this report will give an idea to its readers regarding the project activities and achievements of the year. We also solicit suggestions and feedbacks from the readers to implement our programme in a more systematic way.

Once again, we convey our thanks and regards to all and sundry those who are closely associated with VARRAT.

Wish you all the best on this auspicious occasion.

Dr. A.C.Das
Secretary, VARRAT

Mr. U.N. Behera
Director, VARRAT

Prof. Dr. S.P. Das
Chairman, VARRAT
INTRODUCTION

Voluntary Association for Rural Reconstruction & Appropriate Technology (VARRAT) is one of the leading non-profit making developmental organizations in the state of Odisha, which has come into existence way back in 1983 due to a group of committed development workers, young village level volunteers who came together with the mandate to work with and for the development of the deprived, excluded, vulnerable and marginalized sections in the rural areas being inspired by the ideology and philosophy of Mahatma Gandhi, Father of the Nation.

It is registered under the Societies Registration Act of 1860 bearing No.4444/114 in 1986. Subsequently registered under FCRA bearing No. 104860055 in the year 1887 and also under Section 12A of the Income Tax in the year 1995 and the number is Jud 1/47/12A. It has also got PAN Registration number AABAV2531P.

VARRAT is headquartered at Boulakani in Mahakalpara block of Kendrapara district with its extended branch office at Erendei in Patna block of Keonjhar district of Odisha. Since its inception it has primarily focused on community-based development with approaches of community participation, community-based organization building and community empowerment.

“VARRAT” aspires for an alternative self-reliant just society where people belonging to the weaker sections particularly tribal and scheduled caste communities, women and children can grow with dignity, free from exploitation, oppression and gender bias, harmony with nature and self-governance.”

“It enables to empower the needy communities, capacitating and strengthening their associations in the form of S.H.Gs, farmer Clubs, producer federations, networking with like-minded NGOs and other stakeholders leading towards sustainable development by promoting effective utilization of natural resources, rural art and crafts, sustainable livelihood initiatives, gender equity in a manner that is participatory, democratic and transparent in governance with holistic approach.”

Over the years, like-minded partners, well-wishers have also come forward to join their hands in the long journey of VARRAT to accomplish development initiatives. It is worthwhile to mention that it is gaining strength to strength due to the dynamic leadership of the board members, proper execution of programs by the experienced and efficient staff and the appropriate guidance of the development professionals, academicians and most importantly the villagers.
Vision

“To be an efficient and leading development organization in empowering people by indoctrinating necessary changes in the society and establishing social justice”

Mission

“To initiate required action for the integrated development of the marginalized groups through strengthening people's organization at village and regional level, maintaining proper coordination with Government and non-Government allies associated in the development field, innovating appropriate technology in a planned manner, bringing about environmental equilibrium and upgrading the skills among groups and workers.”

Core Values

➢ Empathy with the resource poor and needy populace and faith in their capacity.

➢ Transparency, Accountability and Democratic functioning.

➢ Secular in character

➢ Honesty to the values

➢ Integrity

➢ Sustainability

STRUCTURE AND THE GOVERNANCE

In order to manage the organization efficiently, a vibrant Governing Body is constituted of 07 members headed by the Chairperson. It includes other office bearers such as Director (Chief Functionary), Secretary and Treasurer and other three board members. The Director acts as the Chief Executive and is responsible is looking after the day-to-day functioning with the help of a Project Manager and other Area level Coordinators, workers, volunteers and Jana Jagruti Sangathan members down the line. The roles and responsibilities for office bearers have been clearly mentioned in the bye-laws. The governing body meetings are held quarterly to review the progress and plan for the next. The organization holds its AGM (Annual General Meeting) every year to approve the activities, plan of action, budget and takes the major policy decisions. The General Body of the Organisation is well represented by Staff representatives, Leaders of Central Jana Jagruti Sangathan and Women representatives of both the areas along with the Members of the Executive Body. The Governance system is very strong and the Executive Body who sits in each quarter is completely vigilant on the implementation of the activities of the Organisation. Even the Director and Chairman visit and review the program activities and present their observations in the Executive Committee Meetings for better execution.
GEOGRAPHICAL REACH AND CONSTITUENCY

VARRAT has its programme interventions mostly in total 201 villages of Mahakalpara, Pattamundai, Aul, Kendrapara Blocks of Kendrapara District and Patna, Sadar, Ghatgaon and Harichandanpur blocks of Keonjhar District, Odisha covering around 42161 household. It should be pertinent to mention that Keonjhar district is situated in the hill pockets with high mineral and forest resources while Kendrapara is situated in the coastal belt of Odisha. The target area of Keonjhar is dominated by the indigenous tribes who are facing a lot of problems such as: depletion of forests and mines by the private contractors and traders resulting threats to their identity, economy and social life. The operational area of Kendrapara is dominated by marginal farmers, people of fisherman community, wage earners and people of scheduled caste and migrants from Bangladesh who have settled here with the Indian citizenship. The confusion and conflict over their identity with the local inhabitants is also an issue since long.

<table>
<thead>
<tr>
<th>District</th>
<th>Block</th>
<th>No. of G.Ps</th>
<th>No. of Villages</th>
<th>No. of Households</th>
</tr>
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<td>8192</td>
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<tr>
<td></td>
<td>Pattamundai</td>
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<td>09</td>
<td>1980</td>
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<tr>
<td></td>
<td>Aul</td>
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<td>02</td>
<td>366</td>
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<tr>
<td></td>
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<td>1</td>
<td>02</td>
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<td>11851</td>
</tr>
<tr>
<td>Total</td>
<td></td>
<td>70</td>
<td>201</td>
<td>42161</td>
</tr>
</tbody>
</table>
The main issues here are vulnerability to climate change related with disasters which are the regular visitors in the form of one or other.

Health

VARRAT witnessed many successes and challenges during the year. The pace of progress in achieving the targets was restricted to some extent due to prevalence of COVID-19. In spite of this, VARRAT could achieve following outputs/outcomes during the year which have been categorized under different heads. The main focus under health is the under-5 children, pregnant and lactating mothers. In order to improve the knowledge base of the mothers and to improve the parenting skills a series of creative IEC developed this year, Father’s Mother’s Day celebrated to encourage the positive deviant mothers, Facilitation in VHND session to ensure 100% attendance of the mothers, nutrition supplement to stunted and malnourished children, Anganwadi Safety Plan to reduce the risks for the children etc are discussed below:

Development of Creative IEC Materials

During the year four series of Flip Books on MACHAN (Maternal And Child Health & Nutrition) covering the topics of child care and nutrition for 0-6 months, 7-12 months, 1-3 years and 3-5 years children developed.

Similarly, stimulation cards on positive parenting for 0-6 months, 6-12 months, 7-12 months, 1-2 years and 2-3 years developed throwing light on different developmental domains of children. Apart from this, Assessment cards for 3-4 years, 4-5 years and 5-6 years Anganwadi going children developed in order to know developmental status of the children.

In addition, Cards on positive discipline and cards on developmental characteristics of children from birth to three years developed. Apart from this, standees covering different aspects of Positive Parenting developed and displayed for generating awareness and bringing lasting changes in parents’ skill, attitude and knowledge level.

Last but not the least, four documents like (1) Ensuring a Child’s Right from the start (from conception to three years), (2) Quality Early Childhood Matters: Making a Critical Investment for a Country’s Future (3) Integrated ECCE: Working towards a seamless Early Childhood System and (4) Safe and Sustainable Physical
Environment for Young Children developed for advocacy purposes.

Innovative Play Spaces have been developed in three of our program villages such as Old Field, Middle Jamboo and Sabarapara villages by using waste tyres not only paying attention for the motor development of the children but also ensuring their attendance and imparting joyful environment in AWCs.

Celebration of fathers’/Mother's Day

VARRAT have used the Village Health Nutrition Days (VHND) by putting its effort for ensuring participation of all eligible beneficiaries and adding values by discussing the topics on positive parenting, ANC, NC and PNC care.

750 parents of 21 new programme villages were recognized and appreciated in VHND platforms for making changes in the lives of their children. Based on the parameters fixed by ASHA, AWW, ANM and VARRAT/ChildFund staff parents used to get nominated for appreciation. Hand wash, Hygiene kits, Water bottle and school bags were given to these parents as token of recognition and appreciation. These activities could encourage and inspire other caregivers to look after their children in proper and systematic way.

Street plays for Awareness on the theme of ANC, PNC were conducted in the central places of different 07 Villages, so that the villagers as well as the passersby could watch the plays. The troupe also staged the plays on preventing children from drowning as this has been proved to be seriously fatal in the locality. This has been a big concern as most of the under-5 children become pray of the situation as the ponds exists in front of the house without any barricade. Now this is being seriously viewed and families have started protecting their ponds either by nets or bamboo.
Promotion of locally available nutritious food material

1000 beneficiaries of 21 operational villages were trained on developing kitchen gardens through systematic and planned manner by applying bio-fertilizers. All these beneficiaries were supported with seed packets both for winter and summer seasons and also trained to prepare no cost organic manure and pests for their crop. All the benefitted families could cater the nutritional needs of the families and simultaneously they augmented their income by selling the surplus products in local markets.

Case Study

Kitchen Garden and a Tullu pump: Ganga finds her way:

Nutrition Kitchen Garden designed to sustainably reduce malnutrition among women and young children — women have learned how to diversify their crops, resulting in better nutrition for their families. The women have become so successful that they can sell their surplus crops to earn income, which they invest back in to their families and communities. Ganga Giri of Suniti village, in her mid thirties has been a flag bearer of the nutrition kitchen garden program. Ganga, a mother of four children had this great challenge of the meeting the nutrition demands of her children, despite abject poverty of her family, was the right beneficiary for the Nutrition Kitchen Garden program. “In the training I learnt about more number of vegetables that can be cultivated, how organic fertilizers and bio-pesticides can be produced and used, how to add nutrition to the food that we take. I also have shared the acquired knowledge with my sisters in the village” says Ganga.”

Cultivation of vegetables in the kitchen garden has substantially improved their nutrition intake. “Now my family's life has improved as we now plant organic vegetables and eat
fresh vegetables. Now my family can eat more vegetables and I also can save some money as earlier I has to purchase vegetables from the market. Now our economic condition has improved” says Ganga. Now into the second season of the vegetable cultivation in the kitchen garden, Ganga has purchased a Tullu pump (where she has put her savings from vegetable expenses) so that she can cultivate vegetables in the dry season as well. She is confident that the kitchen garden coupled with the pump will play a key role in developing the economic as well as nutritional condition of her family.

**Education**

This intervention is aimed at providing effective support to the School going children for continuing their education and in a risk free environment. Series of activities conducted to this effect which includes direct support to 20 secondary school children of 9th and 10th standard for remedial classes for 08 months to improve their standards.

Art corners are developed to use art activities in the schools or community wherein 125 children of 05 schools were given opportunities to explore their inert qualities in the fields of song, dance and visual arts. Professionals of specific fields facilitated the process for 05 months as a result, these children improved their knowledge and skill in the area of their interest.

**Socio emotional Life skills session with the adolescents and youth at schools and Community**

organised to make the children socially and emotionally sound. It is needed extra care and attention and need to be educated time and again to possess a complete personality. Keeping this in mind, 03 socio-emotional sessions with adolescents and youth (separately with boys and girls) conducted wherein 300 participants were involved. Mostly these sessions include knowing self, Inter personal skill, Communication, Stress management, Empathy and Controlling Anger.

Attempt has been made for the formation and strengthening of SMC federation at Panchayat and Block level. One SMC federation was formed taking 25 members from 04 GPs to perform their role like monitoring day to day activities of schools which can include MDM, enrolment, beautification of schools, infrastructural development and quality education in schools.
CHILD protection

Child Protection is the aspect which is embedded in all its activities even the staffs used to sign the child protection policy of the Organisation before getting into the implementation of programs/activities. In order to make the child groups organised and making them vocal on their problems and issues 43 child groups have been formed and strengthened through regular meetings. The members of the groups are aware of their role and responsibilities and they are also capacitated to share their views and learning among one another in this platform so that one member can learn from another. Again the Project Staff are promoting lending and borrowing of library books. Even the children use to learn preparation of low cost no cost teaching-learning materials, making masks, pen stands, paper cuttings during these meeting sessions. To promote share-learning practice 10 numbers of such meetings were organized in every village across the year. Training on Child Rights have been organised for 250 children across the villages. Similarly for parents two trainings have been conducted to know about the rights of the children and facilitate them to enjoy their rights. 4 such trainings organised where in 100 parents participated to safeguard the rights of the children physically, mentally, emotionally and psychologically.

Two Life Skill training programs conducted for 50 children to increase their confidence level and involve them in decision making process. One such training was also conducted for 25 Parents to increase the confidence level and providing an enabling environment to their wards in decision making process.

Child Right Week

Like every year Child Rights Week was observed by the organization starting from 14th November. Before culmination of the day, a-weeklong meetings were organized at programme villages which include Interface, FGD with PRI members, school authorities. The issues coming from the children were presented by the children themselves before the Primary and Secondary stakeholders on the culmination day. The stakeholders gave their commitment to address the issues and challenges faced by the children at their level and provide a congenial space for the children for enjoying their rights. More than 150 Children from 43 operational villages were actively involved in the celebration.

Village Level Child Protection Committee (VLCPC)

Looking at the NCPCR guidelines VARRAT has initiated VLCPC at every village where in the Govt. Service Providers, Teachers, PRI member,
Village Elders and Children are the members.

To ensure child rights and protecting children from endangering situations 16 numbers of VLCPC (Village Child Protection Committee) meetings were organized in different villages wherein 240 Committee members participated. In order to educate the villagers, initial orientation of villagers and awareness on VLCPC (Village Level Child Protection Committee) were organized in 09 different villages wherein 225 members participated. 4 new VLCPC committees are formed during the period wherein 15 members in each committee have empanelled comprising of service providers, teachers, Village elders and children.

Capacity buildings of PRI members on child rights

Down the line of NCPCR structure Panchayat Level Child Protection Committee (PLCPC) are the ground level stakeholders for safeguarding the rights of the children in their respective areas. In order to strengthen the system 01 capacity building of PRI members on Child Rights was conducted comprising of 25 participants from 03 GPs. Child representatives comprising of 20 members participated to represent opinions at PRIs and Gram Sabha in 6 number of Panchayats i.e. Baradanga, Boulakani, Barakandha, Kansar Badadandua, Sunity and Jamboo Panchayats in order to bring their concerns to the notice of PRI members and other decision-making bodies/ office-bearers. Prior to attending Gram Sabha, the children sat in their respective child groups and identified the issues which affect them in their day to life. In order to address the issues the children submitted their demand notes before PRI members as well as Block level officials and these demands have been incorporated in the proceedings of Gram Panchayats for future course of actions.

Liveliness

This deals with the young adults of the community for their development. It includes the parts of organizing youth clubs for boys and Kalyani clubs for girls in all the villages, career counseling session's organized direct support for higher education has been rendered to the neediest children. As part of the interventions:

In order to organize youths for the all-round development of the village a Youth Federation at Project level has been formed and they were trained on vision building of their respective villages. With the facilitation of the Project staff each youth club developed action plan identifying the emerging issues of the village.

06 numbers of Mobilization and Counseling sessions were organized in 06 different clusters wherein 150
youths were involved to identify their needs and aspirations. The facilitator counseled the youths to choose their career as per their needs, aspirations, strengths and opportunities.

03 youths of operational area were given financial support to undergo vocational courses in PGDCA, Motor binding and Beauty-culture trades. After successful completion of courses two youths are self-employed and another youth is continuing PGDCA course.

Generally the youths of intervention area go on migration to other states in search of jobs without registering their names in District Labour Office which causes number of problems in many a ways as they are being exploited by their employers. As an emerging need of the hour, 02 numbers of trainings were conducted to orient the youths on Labour Laws and Protection Policies wherein 50 youths from 10 villages participated. Being educated on the theme 22 youths registered their names in District Labour Office, Kendrapara. 06 numbers of Counseling and screening of potential youths for entrepreneurship development training were organized in 06 Clusters wherein 150 participants were present. The participants were given opportunity during the session to think the pros and cons of undertaking enterprise before starting it and simultaneously the youths were given guidance to start the entrepreneurship as per the demand and supply principles of the market. Under start-up support eleven numbers of beneficiaries were given financial support to initiate the business, Agricultural cultivation, vegetable cultivation-, Pisci-culture and Poultry. In addition, 16 number beneficiaries were given submergence resistant Paddy seeds to cultivate paddy in scientific method. Training was imparted also on non-farm based diversified livelihoods to 25 youths covering the areas like Poultry, duckery, pickle-making and mushroom cultivation.

Agriculture is the main source of livelihood for the village and in today’s scenario the youths are going away from this. In order to involve the youths in the process, trainings on organic farming was imparted which can reduce the investments towards fertilizer and pesticides and maximize the nutrition values in the products. One such Training imparted to selected youth/marginal farmers on climate smart seed bank and its establishment comprising of 25
participants. After successful completion of training, 14 beneficiaries undertook organic farming. One demonstration on climate smart agriculture was initiated with the help of KVK scientists in one operational village wherein 25 progressive farmers participated.

Like every year National Youth Day was celebrated centrally with active participation of 200 youths. The youths participated in Song, Dance and Debate competitions before the dignitaries and the winners were given prizes by the invited guests for their spectacular performances.

50 numbers of youths from 04 GPs participated in Gram Sabha and submitted their demand notes relating the issues of their villages. The issues raised by the youths were mostly child safety measures related and these were incorporated in the proceedings of GPs and later on the village road of Kandarapati, Tube-well of Bhitar Sobala, Tube-well platform of Petchhila, village road of Bagagahan repaired which were predominantly in precarious condition for couple of years. The Sarapanchs of different panchayats have shown their keen interest to implement the suggestion of Child Groups and Youth Groups even the Sarapanchs said in their Panchayat meetings that they are all committed for cause of the children and are with VARRAT in achieving the same.

Child Centred Disaster Risk Reduction/Climate Change Adaptability

For last couple of years VARRAT has made itself involved in the process of Disaster preparedness activities after a gap more than two decades of Super Cyclone. The Sendai Framework of 2015 stressed on the part of child participation in DRR activities. Based on the thought, VARRAT has initiated the Child Centred Disaster Risk Reduction Activities with active involvement of children and tremendously impacted the Schools, Anganwadis and Communities. The risks identified by children were never thought of by elders before. Starting from Anganwadi to School and
Communities our children have developed the Safety Plans.

**Anganwadi Safety Plan**

Climate change plays a crucial role in modern society. It leaves an adverse effect on the life-style of the people. It is one of the major responsibilities of each and every individual to think to give a check to it as it is closely associated with disasters in many a way. Keeping this in account, 750 individuals of 21 villages were sensitized on Child Centred Disaster Risk Reduction (CCDRR) and Climate Change Adaptations (CCA). Keeping the safety and security of the children in view, 30 numbers of AWWs were trained on CCDRR for three days in 02 phases. With the facilitation of VARRAT/ChildFund Staff, 30 numbers of Anganwadi Workers and parents of Anganwadi children identified the risks of their respective centers and developed safety plans. Some of the risks have already been mitigated after identification and rest of the risks are yet to be mitigated in coming days.

A third party study has also been made on the aspects of safety and security plan. Eight numbers of trainings were imparted to parents and care givers on basic first aids, Child Protection in emergencies, Psycho-social support wherein 240 participants from 21 villages were involved.

It is earlier said that Project locations of the Organization is prone to disasters and simultaneously the people are not well-aware of Climate Change Adaptability, it became evident to train the project staff as well as the children and youth. Hence, 30 Project Level staff of the Organization trained on Child Centred Disaster Risk Reduction/Climate Change Adaptability. 06 numbers of Trainings were organized for the youths and children on CCDRR/CCA in 06 different clusters comprising of 150 participants.

**School Safety Plan (SSP)**

SMC members, Teachers and children of 05 schools were informed and educated well-ahead through meetings about conducting school risk and vulnerability assessment and developing SSP of their respective schools. The aim, objective and necessity of doing such assessments were shared with 150 participants of 05 schools.

In furtherance training of Children organised to conduct risk hunt in the campus. Why this was thought to be
child centred because our experiences say that some of the risks of schools or families cannot be identified by adults as they underrate the risks or it skip from their eyes unknowingly. Hence, children are the real assessors of the risks where they stay in. The risks identified are shared before the SMC and Teachers and few minor risks immediately sorted out while the SMC was requested to plan the major risks in SDP to mitigate by which school can be a risk free environment. Apart from the Teacher and SMC members 150 children in 5 schools actively participated.

Capacity building of school task force undertaken wherein 90 children from 03 schools were trained on emergency responses at school covering the topics early warning, rescue and first-aid to minimize the risks at the time of fire, earth-quake and accidents etc.

24 Mock drills on safe evacuation to safer place during break out of fire in school premises or earth quake situation were conducted by school children effectively wherein 1200 children participated along with the teachers, SMC members and community members.

Community level risk assessments and planning

Community level risk assessments and planning in 06 villages have been done while the plans of old 20 villages reviewed. Risk assessment findings also shared with Key leaders, CBOs, PRIs & other community groups to take appropriate measures to minimize the risks.

The six new communities where the process of formation and strengthening of village level disaster management structures such as VDMC (Village Disaster Management Committee) and Task Forces formed and strengthened and DRR plan developed to minimize the risks at the time of disaster.

Two numbers Specific skill building trainings for VDMC and Task Force members conducted covering the themes on Early Warning, Search & Rescue, First Aid, Psycho- Social Counseling etc wherein 150 TF members participated.

Two numbers of Village level DRR/CCA mitigation activities were done in two villages. A school boundary has been constructed in Ambika Sundari UGUP School at Badatota while one Youth Resource
Center has been renovated in Maladhi Village.

All 26 village level (20 old + 6 new) mock drills to demonstrate the skills were conducted by VDMC and Task Force Committee members with greater enthusiasm. Total 1280 participants were involved in the demonstration. Apart from this, 20 selected members of these committees demonstrated mock drill before district administration on the observance of National Disaster Day on 29th October 2019.

Village Disaster Mitigation Plan (VDMP)

The Government of Odisha and ODMM through District Collector have entrusted VARRAT to develop Village Disaster Mitigation Plan in 51 villages and Mitigation Plan for Tsunami in 18 villages for Mahakalpara Block as the proximity of natural disasters are frequent in this area. But proper knowledge and education to protect self and others can minimize the risks. Considering the local specific needs, VARRAT tried its level best to educate and train the eligible persons of the villages on Disaster Management. With the facilitation of VARRAT, children, youths, women including experienced persons of 51 villages have developed Village Disaster Mitigation Plans for their own villages. Each village has a committee comprising of 25 members to monitor the situation and take appropriate actions to face the challenge. Again the committee is divided into following sub-committees (a) Early warning, (b) Search and rescue, (c),Health and Sanitation, (d) shelter Management , (e) water and sanitation , (f) Relief distribution and coordination, (g) Risk assessment , (h) counseling to traumatic people.

Apart from this, 01 block level, 09 GP level and 33 village level meetings have been organized to strengthen the system. Rest of the GP and village level meetings are to be organized in coming years.

Successful persons do the things differently

Illu Majhi, son of Sanatan Majhi bearing case number 431 belong to Lunimathia village of Mahakalapara in the district of Kendrapara. His family is comprised of 7 members including Illu and his one sister, three brothers and parents. The financial condition of the family is precarious. His parents work from dawn to dusk by doing daily
wages for maintaining the family. Despite their low income, all the five children are continuing studies in schools and colleges. Illu's study was supposed to be stopped after completion of Higher Secondary education due to their financial inability. But the timely persuasion and VARRAT/ChildFund Illu and his family got boosted and education continued. As a result he is continuing 1st year degree course in Kendrapara Autonomous College, Kendrapara which is 40 Kilometers away from the village.

Looking at the enterprising attitude of Sanatan and his his restless efforts VARRAT became interested to support. With the goodwill in SHG he obtained loan for growing fish in his small pond and miserably failed. He became shocked with this and contacted the staffs and got solace from the Organisation. VARRAT created opportunities for Sanatana to interact with progressive pisci-culture farmers. With the persuasion of VARRAT/ChildFund staff he decided to undergo training. VARRAT/ChildFund linked with a farm in Andhra Pradesh where he got training for 15 days. He learned but again the paucity of funds created dilemma. Meanwhile, VARRAT/ChildFund was requested by Sanatan and looking at his efforts VARRAT/ChildFund funded the seed capital of Rs.5000/- towards the cost of the saplings of Sheat fish. With this he developed a 20”x20” plot into a artificial pond on his own labour. Along with the crop varieties in his pond with modern technologies he is growing the Sheat fish in his artificial pond. With the support from VARRAT/ChildFund he procured polythin to keep water in his artificial pond and saplings. It's pretty early to show the result, as the saplings are of only 1 month old. Morning shows the day. The growth of the Sheath fish in a month is very encouraging and the fry have grown to 200 gram fish.

He acknowledges his thanks to VARRAT/ChildFund for their support, cooperation, guidance and for taking initiations to augment the family income.
CHILD SPONSORSHIP

It is well-understood that Sponsor Relation Sector is the heart of the ChildFund Programme. Hence, bonding between the sponsored child and the sponsor plays a crucial role. The sponsors have every right to get the information on the progress of their sponsored children. Following achievements are undoubtedly noticeable during the year.

Our SuccessChild verification was conducted for total 1250 U-5 children.

Sponsor committee members were oriented on sponsor related activities and types of information to be provided.

Children were oriented on quality letter writing to their sponsors.

The Organization maintained 0 delinquency during the year and received three continuous appreciations from Child Fund Country Office.

Ponds which are the potential threat for child deaths of fewer than 5 ages are surveyed and families educated to protect the ponds from drowning. 40 ponds fenced to safeguard the children from drowning and the efforts are being continuously taken to increase the number.

Letter tracking format and monthly updated with critical findings.

Child Inventory

Total No. of Enrolled children-1760(Female-875, Male-885)

Total Sponsored Children-1097(Female-560, Male-537)

Total Non-Sponsored Children-663

Child Communication:

Over the period 3637 communications has been sent to the Sponsors which includes Welcome Letters, Bonding Letters, Child Initiated Letters, Child Response Letters, Thank You Letters, DPL, Sponsor Enquiries, Child Progress Reports etc. Apart from this 40 New Child Information Format has been generated while 35 children have departed with Reasons for Leaving. Child Verification of all the children across all the villages have undertaken during the year.
TI Project

With the support of OSACS, VARRAT has been working in Kendrapara Municipality, Pattamundai and Aul block to combat HIV/AIDS since 2009. During reporting period, the project took its intervention with special focus on FSWs having 400 targeted populations in these locations. Following activities were undertaken last year to achieve the target.

Condom Promotion - Under social marketing 1643 condoms sold through 14 outlets and 138095 condoms distributed free through Peer Educator. Knowledge, Attitude, Behavior and Practice regarding safe sex have been changed positively to a great extent through continuous interactions with the targeted populations.

Behaviour Change Communication - VARRAT has conducted 15172 One to One interactions, 84 Focus Group Discussions and distributed IEC Materials to bring behavioral changes of the intended population and it succeeded.

Enabling Environment - 04 numbers of Advocacy meetings with PLHAs, Mediators, local leaders & SHG members on HIV/AIDS, 84 Hotspot level Committee meetings, 84 Hotspot level meetings, 36 DIC level meetings, 12 DIC level committee meetings and 12 Capacity Building Training of PEs etc. were conducted during the year for creating an enabling environment to take the project in a directional goal.

Community Mobilization - With focus on BCC and pursuing public behavior and opinion through Enabling Environment, VARRAT has accelerated Community Mobilization works through Observation of International Women's Day in Kendrapara on 8th March & World AIDS Day on 1st December by organizing rally and different activities by HRGs of Kendrapara Municipality to generate awareness among the community.

STI Care and Treatment -

Care and Treatment covers activities like Presumptive Treatment to 58 targeted benefit. Regular Medical
Checkup being ensured with the support of Peer Educator and Counselor that has benefited 1430 beneficiaries this year, 110 STI cases treated with provision of treatment KIT, VDRL test of 766 patients been taken up, 789 referral cases been undertaken with focus on 2 times HIV test which resulted 760 patients been tested spontaneously. Two PLHAs identified and registered in LAC, Kendrapara and linked to ART, CUTTACK. Over and above that by virtue of regular counseling the organization has been able to ensure ART registration of 2 patients including their spouse from the community who are out of the beneficiary list. Due to regular community mobilization more than 298 general public and HRGs attended Health camps. 02 Health camps organized in Pattamundai 01 in Aul and 02 in Kendrapara and got themselves checked up.

Besides this, other achievements of the TI Project are: 766 no. of HRGs including PLHAs were screened under VDRL test to know about their status regarding STI, 58 no. of FSWs were taken presumptive treatment and reduced their risk of vulnerability towards HIV/AIDS, 1430 no. of FSWs undergone health check-ups on regular basis and avoided the vulnerability towards STI, HIV/AIDS, 110 no. of HRGs (FSW) were counselled and treated in DSRC and PPP clinic and reduced the risk of vulnerability towards the spread of STI, HIV/AIDS, 789 HRGs referred for HIV test in the ICTCs, 02 numbers of HRGs found positive and they were given counselling as well as support for early recovery, 2 nos. of HRGs positive persons registered their name in ART centre and undergone CD4 test and received services like ART medicines and Madhubabu pension Yojana and 5 HRGs got their travel fare from the District collector, 14 numbers of outlets were established to distribute condoms for safe sex which were procured from OSACS.

Apart from this, 13 numbers of Inhouse trainings were organized for Capacity building of PEs to implement the project successfully. In addition, Key stiffs of the Project attended 02 numbers of Out-side trainings which were organized by OSACS and TSU for their capacity building.

Case study

Towards a new dawn.........

Mani Das (pseudonym) born in a poor Bengali family. She lost her father at the age of 15 in a road accident. It’s miserable for Mani to handle her family with younger sister and paralysed mother. Due to severe crisis she served as a maid in her locality & however maintained her family. In this hazard situation she always tried to educate her sister and hoped her mother’s recovery. In the mean, time she met a stranger who wanted to
know the reason behind her pain. Mani explained her about her struggling life. After listening her life story that man offered her a job in Kolkata and gave her a thousand of rupees and said to contact in his mobile number. In course of time, the family situation went from bad to worse and Mani was forced to act as a Sex- worker there by the so-called generous person. During this period, Mani came in contact with an Odia person who was working as a truck driver in Kolkata and later on she married him. This marriage was possible as the truck driver was quite ignorant about the past life of Mani. After spending married life for some days, the couple decided to come back to their native place i.e. Odisha.

After some days Mani was blessed with a new-born baby. But it is the irony of fate that the couple gradually became sick and weak. In the meantime, Mani visited to one of her relatives house in Pattamundai and by virtue of her good luck she got an opportunity to attend a meeting organized by T.I. Project, VARRAT. T.I. staffs elaborately were describing about symptoms of HIV/AIDS, TB. She observed most of the symptoms are similar to her and to her husband. After the meeting she discussed about their symptoms with the Project staff. She discussed elaborately about her past life with T.I. Project team. The couple were given psychological support and also given assurance of maintaining confidentiality regarding the matter. But Mani and her husband were reluctant to undergo test in local ICTC as they apprehended regarding the exposure of the matter. So, they were asked to have the tests in SCB MCH, Cuttack. The couples including their son were found positive. Immediately T.I. staffs linked them in ART for CD-4 test and facilitated them to start ART medicine. The intervention made by the Project made the family cured to full extent.

Now Mani realized that due to her ignorance she got the virus and spread in her family, but for the intervention of T.I. Project she was able to see a new sunrise in her family. She always pays heartfelt thanks to T.I.Project ,VARRAT team for saving their lives. All her misconceptions were changed and now she is maintaining a normal life.

**ASTIVA**

It is often observed that the older people are being neglected and humiliated by the younger generations mostly owing to their dependency. If the dependency of Older People could be eliminated from the society, their dignity and self-esteem will be doubled. Internalizing this issue, VARRAT undertook Project ASTIVA with the support of Help-Age India in 21 villages of 06 GPs in Mahakalpara block of Kendrapara
district, Odisha. As part of its intervention, 75 numbers of groups have been strengthened during the year. Follow-up activities were undertaken during the period. All the group members of these groups are attending regular meetings and keeping their records. Out of these groups 02 groups have started puffed rice units, 02 groups started 03 Mini-Grinder units for grinding wheat, red pepper, turmeric etc. These units could augment the income of the groups. Till the reporting period, the savings of 75 groups is Rs. 16, 80,000/- . The Organization facilitated in making linkages with the banks, so that the groups could avail of loans easily to start small enterprises. It is well realized from the learning of the project that the self-sufficient older people are leading their lives with dignity and self-esteem

UPAVAN Report

UPAVAN (UPSCALING PARTICIPATROY ACTION AND VIDEOS FOR AGRICULTURE AND NUTRITION) has been working in 04 blocks of Keonjhar district such as Ghatagaon, Patna, Keonjhar Sadar and Harichandanpur covering 138 clusters consisting of 198 villages with targeted population of 162378. Interestingly the clusters are divided into 4 arms and three of the arms are assigned with different type of intervention while the Arm 4 will have no intervention expect the facilitation of Government services on health, nutrition and agriculture related activities. Arm 1 is for Nutrition Sensitive Agriculture (NSA), Arm 2 is NSA and Mother Infant Young Children Nutrition (MIYCN), Arm 3 is Participatory Learning and Action (PLA) and Arm 4 is Control Arm without intervention. This program aims at promoting Nutrition Sensitive Agriculture in every household, Improve the Health and Nutrition status of Pregnant and Lactating Mothers in the target village's through Video technology. Hence based on the registration of the Pregnant and Lactating Mothers (1000 days beneficiaries) in Anganwadi centre the project tries to involve them make part
of the SHG, so that they can get the benefits of video by adapting the practices in to their daily life. In the process 1690 SHG groups have been formed comprising of 24316 members. During the reporting period the following activities have been undertaken successfully.

VIDEO PRODUCTION

In order to educate the beneficiaries 22 numbers of videos were produced during the year out of which 12 videos are on NSA, 07 videos are on MIYCN and 03 videos are on PLA. It is noteworthy that all the actors of the videos are taken from the local community and simultaneously the languages used in the videos are also local specific. That is why, these videos could manage to leave a tremendous impact upon the beneficiaries of operational areas. In addition, 06 more videos were produced covering the theme of different testimonials, case studies etc.

VIDEO DISSEMINATION

During the period, 8906 numbers of disseminations were conducted in 138 villages of 04 aforesaid blocks in the district. Almost all the beneficiaries viewed the disseminations and contributed their views and opinions on the practices prevailing in their contexts

HOME VISIT

The project always leaves no stone unturned to implement the project in a successful manner. Keeping this in view, it gave its thrust on home visits to know the pros and cons of the project implementation. Again, through home visits the Knowledge, Attitude
and Practice (KAP) level of the beneficiaries could be tracked easily. Keeping it on top priority, 39854 families were visited by the project level functionaries during the year.

PARTICIPATORY LEARNING AND ACTION (PLA)

Total 488 numbers of PLA meetings were organized during the year. Prior to this, PLA training was conducted in Erendei campus of VARRAT where the participants were CSPs, Supervisor, AC, APC and PC of the Project. Team members of Ekjut facilitated the training. Similarly, in Arm-3 community meetings were organized in 42 points covering 10288 (M-2840, F- 7448) participants. It is worth-mentioning that 74 PRI s, 99 FLWs and 28 teachers/Doctors/OLM staff were present in these meetings and shared their views on it.

SHG ACTIVITIES

Total 62 numbers of SHG meetings were organized comprised of 1217 members of 200 groups. Major in these meetings were as Record

Keeping, SHG Management, IGA, Credit linkage, Monthly collection, Savings, SHG Management.

Other Related Activities:

Meetings for the core team at Erendei and Boulakani were conducted separately by the PM and Director of the Organization respectively to provide insight to the Project for its best implementation. Similarly, interactive meetings were conducted once in three months to share and discuss the good practices of any location for its replication simultaneously achievements and problems
encountered by the field staffs.

Apart from this, the project believes in Quality Assurance visits for achieving qualitative outcome of the Project. Keeping it in mind, a number of QA visits were done in video dissemination points and similarly, regular home visits were paid by the volunteers and other members of the project team. Apart from this, 45 and 12 numbers of staff review meetings were conducted at Erendei and Boulakani respectively.

With the support of District Administration, Kendrapara, VARRAT facilitated in imparting training on Bridge IPC Skill Building to ANMs of Mahakalapara and Marshaghai blocks in 02 batches. 63 numbers of ANMs received such training in premises of VARRAT office, Boulakani. In addition, 213 numbers of ASHAs received Refresher Training Course with the support of District Administration in the above-cited venue.

Beyond the Project activities, a lot of social awareness campaigns like Bana Mahostav, Krushi Mela, Polio campaign, sacking single used plastics, Swatch Bharat Abhiyan and Training to IGSSS staff on video production at Erendei office were being organized from time to time.

**VARRAT Gramin Mahila Bikash Mahasangh (VGMBM)**

VARRAT Gramin Mahila Bikash Mahasangh (VGMBM) has been registered under Trust Act on 12th February 2008 for the overall development of the women of the community was fostered by VARRAT to empowering women through social and economic activities in the intervention villages. Keeping the federation in track, a Board of Management has been formed and it sits once in a month to review the activities undertaken by it. Board of Management also decides to lend loans to the groups and simultaneously the recovery of loan is also being reviewed by the Board. Till date 140 SHGs have been included in federation. Loan amounting of Rs. 5,00,000 (Five lakh) was lent to the groups for starting small enterprises. 65 groups availed loan for such activities. 250 numbers of women from 140 SHGs were given vocational training on mushroom cultivation, pisci-culture, phenyl preparation etc. Major activities undertaken by the federation are as follows: establishment of Sanitary napkin unit and establishment of R.O. plant for clean and safe drinking water. Apart from this, social-cum- awareness activities
were also being undertaken for empowerment of women from time to time. These are: Training to selected group members on Leadership development, creating awareness for Institutional delivery, installation and use of individual latrines, celebration of international women day etc. These groups have been made instrumental to support the CPC in the villages to stop early marriage.

Central Jana Jagrutii Sangathan (CJJS) is an organisation of the representatives from different Village JJS which promotes and strengthens the Village Organisations for a constructive development of the communities so as to resolve the issues related to village disputes, social issues like child marriage, children protection issues etc. During the period 15 number Village level Jana Jagrutii Sangathan [JJS] meetings have been organized during the year for planning, monitoring and implementation of the Project in a directional goal.

Financial Analysis
## From Project Manager's Desk …

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<thead>
<tr>
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<tbody>
<tr>
<td>1</td>
<td></td>
<td>Suneetha Kadiyala</td>
<td>Associate Professor</td>
<td>LSHTM</td>
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<td>Philip James</td>
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<td>Emily Fivian</td>
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<td>Peggy Koniz- Booher</td>
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<td>JSI</td>
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<td>Abinash Upadhyay</td>
<td>Lead, India Operation</td>
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<td>Abhinav Kumar</td>
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<td>Anil Nepal</td>
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<td>Ronali Pradhan</td>
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<td>Satyapriya Sahu</td>
<td>Deputy Programme Manager</td>
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<td>J. Giri. Prasad Dora</td>
<td>Programme Manager</td>
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<td>Sailendra Narayan Mishra</td>
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<td>K.C Sahu</td>
<td>Head, Livelihood Programme</td>
<td>IGSSS</td>
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<td>Nirmala Nair</td>
<td>Founder</td>
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<td>Narayan Chandra Sethy</td>
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<td>Dr.Suvendu Sagar Kumar</td>
<td>MO I/C</td>
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<td>Pabitra Mohan Naik</td>
<td>Range Officer</td>
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<td>Himanshu Singh</td>
<td>CP Coordinator</td>
<td>ChildFund India</td>
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<td>24</td>
<td>Akshya Kr Rout</td>
<td>Sponsor Relation officer</td>
<td>ChildFund India</td>
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<td>25</td>
<td>Tapas Ranjan Sahu</td>
<td>Scientist,Agronomy</td>
<td>KVK,Kendrapara</td>
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<td>26</td>
<td>Mr.Raghunath</td>
<td>Project Manager</td>
<td>ASHA,Keonjhar</td>
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<td>27</td>
<td>Dr. Pradip Ku Das</td>
<td>ADPHO(TB)</td>
<td>DHH, Kendrapara</td>
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<td>Mr. Krushna Ch. Luha</td>
<td>DMRCH</td>
<td>DHH,Kendrapara</td>
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<td>Mrs. Yasaswini Sahani</td>
<td>Asst. Manager, ASHA</td>
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<td>Smitanjali Mohapatra</td>
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<td>CWC,Kendrapara</td>
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<td>Dr. Priyanath</td>
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<td>Ashok Kumar Panda</td>
<td>Zonal Manager</td>
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<td>Ajaya Kumar Mohanty</td>
<td>DPO,Emergency Section</td>
<td>Kendrapara</td>
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From Project Manager's Desk ......

I take opportunity to convey thanks from the innermost recess of my heart to the Board of Management, Government Officials, Community members of operational areas, donors and my colleagues on the occasion of publishing the Annual Report 2019-20. It would have not been possible without their support and cooperation. We achieved spectacular success in some areas and also failed in some spheres. Both success and failure are equally important for us to widen our vision. Our successes taught us to replicate the same in other locations and similarly our failures educated us not to repeat the same in coming days.

VARRAT always tries its level best to implement the programme without compromising quality. The working capital of the Organization is its transparency and accountability. The report is self-explanatory.

I feel proud to present this report before you on this auspicious moment. On behalf of the Organization I would like to request the readers to give their inputs to make our programme more successful.

One again, I thank all for their contribution to implement the Programme smoothly and successfully.

Mr. N.K. Mishra
Project Manager
ବାଣିଯାକାଙ୍ଗର କହିଲେ ରମନକୁ ବରନ କରାନ୍ତାନ୍ତାନ୍ତାନ୍ତାନାର

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ପାଲାଗ୍ୱ ରାଜଭାଷା ପ୍ରଚାର

ଡ଼ିଆରି ତିଥିକୁ ଦାରୁତାସାହାଯ୍ୟ ଆପେବା ପଲିତ

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ANNUAL REPORT
2019-20

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